



Republic of the Philippines
Department of Education
Region IV-A
SCHOOLS DIVISION OF QUEZON PROVINCE

09 September 2020

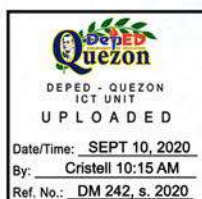
DIVISION MEMORANDUM
DM No. 242, s. 2020

NEW SCHEDULE AND ADDITIONAL GUIDELINES ON THE CONDUCT OF MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT SERVICES FOR THE OPENING OF CLASSES, SCHOOL YEAR 2020-2021

To: OIC-Schools Division Superintendents, CID and SGOD Chiefs, Education Program Supervisors, Elementary, Secondary and Senior High School Heads, District and School DRRM Coordinators, Guidance Counselors, School Health Personnel and All Others Concerned

1. In view of the postponement of the opening of classes from August 24, 2020 to October 5, 2020, attached hereto is DepEd Task Force COVID-19 Memorandum No. 98 entitled "New Schedule and Additional Guidelines on the Conduct of Mental Health and Psychosocial Support Services for the Opening of Classes, School Year 2020-2021" for your reference.
2. All School and District DRRM Coordinators and School Health Personnel are advised to monitor the said activity.
3. For more information, relative DRRMS MHPSS materials please contact the Division DRRM Coordinator **Arvin Repaso at contact number 09237470521.**
4. For immediate and appropriate action.

ELIAS A. ALICAYA, JR. EdD
Assistant Schools Division Superintendent
Officer In-Charge
Office of the Schools Division Superintendent



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Republika ng Pilipinas
Kagawaran ng Edukasyon
Tanggapan ng Pangalawang Kalihim

DepEd Task Force COVID-19
MEMORANDUM No. 98
25 August 2020



For: **Undersecretaries**
Assistant Secretaries
Bureau and Service Directors
Regional Directors and BARMM Education Minister
School Division Superintendents
Public Elementary and Secondary School Heads and
Teachers

Subject: **NEW SCHEDULE AND ADDITIONAL GUIDELINES ON THE**
CONDUCT OF MENTAL HEALTH AND PSYCHOSOCIAL
SUPPORT SERVICES FOR THE OPENING OF CLASSES,
SCHOOL YEAR 2020-2021

In view of the postponement of the opening of classes from August 24, 2020 to October 5, 2020, the Department of Education (DepEd) issues the new schedule for the implementation of Mental Health and Psychosocial Support Services (MHPSS) for learners. See Enclosure 1 for the details of the MHPSS for learners which will be conducted thru TV broadcast, online and thru self-guided modules.

To maximize the available funds that can be used by field offices for the printing of MHPSS materials, the following additional guidelines shall be considered:

- Regions, Divisions, and Schools shall print the MHPSS materials for those learners who opted to have the modular distance learning modality and have no access to TV;
- For the comics to be provided to elementary learners, the priority to be printed is the comics no. 2; Enclosure 2 includes the cover page and technical specifications of comics no. 2 for reference;
- For the Teacher's Activity Guide for Remote Psychosocial Support through Play for Elementary Learners, it is recommended that only the Learner's Playbook be printed;



Office of the Undersecretary for Administration (OUA)

[Administrative Service (AS), Information and Communications Technology Service (ICTS), Disaster Risk Reduction and Management Service (DRRMS), Bureau of Learner Support Services (BLSS), Baguio Teachers' Camp (BTC), Central Security & Safety Office (CSSO)]

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- A separate activity sheets shall be printed and provided for IP learners in schools implementing IP education; The division DRRM Coordinators and IP Focal Persons shall coordinate on this matter;
- For the 2020 Online and Self-Guided PFA Modules: Supplemental to the SEES Manual, it is recommended that only the self-guided modules starting on page 39 to page 55 be printed;
- As necessary, the field offices are also given the authorization to adjust and modify the technical specifications in printing the MHPSS materials for learners to have more copies and cover more learners. See Enclosure 2 for the technical specifications of the MHPSS materials for printing;
- For those in geographically challenged areas, the MHPSS to be broadcasted in Television and the recorded DRRMS Booklatan and OKKK! Tambayan can already serve as MHPSS provision to learners; but teachers are encouraged to and may further facilitate MHPSS provision to learners using the online and self-guided modules.

As already mentioned in previous issuances of DepEd Task Force COVID-19, the DRRMS MHPSS materials for printing can be accessed in this link: <https://tinyurl.com/MHPSS-Materials-for-Printing>. While recorded DRRMS Booklatan and OKKK! Tambayan can be accessed in this link: deped.in/OnlineLearningVideos. If the links are not working, it is encouraged that you coordinate with your respective Division DRRM Coordinators.

For more information, please contact the **Disaster Risk Reduction and Management Service**, 2nd Floor, Mabini Building, Department of Education Central Office, DepEd Complex, Meralco Avenue, Pasig City through email at drmo@deped.gov.ph or telefax no. (02) 8637-4933.

For immediate and appropriate action.

ALAIN DEL B. PASCUA

Undersecretary

Chairperson, DepEd Task Force COVID-19



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ENCLOSURE 1. SCHEDULE OF MENTAL HEALTH AND PSYCHOSOCIAL SERVICES (MHPSS) FOR LEARNERS

A. MHPSS to be Broadcast through TV a Week Before the Opening of Classes

Activity	Date	Time	Target Audience
DRRMS Booklatan Episodes (Recorded MHPSS for Learners)	September 28 – October 2, 2020	8:00 AM – 9:30 AM	Elementary Learners
OKKK! Tambayan Episodes (Recorded MHPSS for Learners)		10:00 – 11:30 AM	Secondary Learners
Wellness Check! Episodes (Recorded MHPSS for DepEd Personnel)	September 28-30, 2020	1:00 PM – 2:30 PM	DepEd Personnel
Gabay-Bahay Episodes (Recorded MHPSS for Parents)	October 1-2, 2020		Parents
Kakaiba-yanihan! Episodes (Recorded MHPSS for Learners with Disabilities)	September 28 – October 2, 2020	4:00 PM– 5:30 PM	Learners with Disabilities



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ENCLOSURE 1. SCHEDULE OF MENTAL HEALTH AND PSYCHOSOCIAL SERVICES (MHPSS) FOR LEARNERS (Continuation)

B. Online MHPSS to be Conducted by DepEd DRRMS

Activity	Date	Time	Target Participants
DRRMS Booklatan An Online MHPSS for Elementary Learners*	September 8 – September 22, 2020	4:00 PM – 5:30 PM Every Tuesday	Elementary Learners
OKKK! Tambayan An Online MHPSS for Secondary Learners*	September 10 – September 24, 2020	4:00 PM – 5:30 PM Every Thursday	Secondary Learners
Kakaiba-yanihan! An Online Psychosocial Support for Learners with Disabilities**	Monday, Tuesday and Thursday of September 2020 Starting September 7 until October 1	9:00 AM – 11:00 AM	Learners with Disabilities
Psychosocial Support Through Play*	September 28, 2020	8:00 AM – 12:00 NN	Elementary Learners
Psychological First Aid for Secondary Learners*		1:00 PM – 5:00 PM	Secondary Learners

*Streamed live via Facebook

**Conducted via Zoom



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ENCLOSURE 1. SCHEDULE OF MENTAL HEALTH AND PSYCHOSOCIAL SERVICES (MHPSS) FOR LEARNERS (Continuation)

C. MHPSS via Online and Self-Guided to be facilitated by Teachers


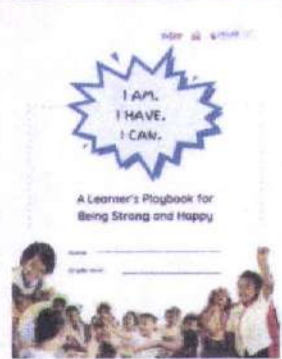
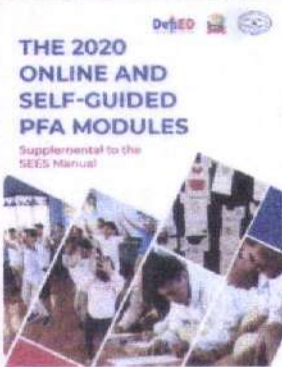
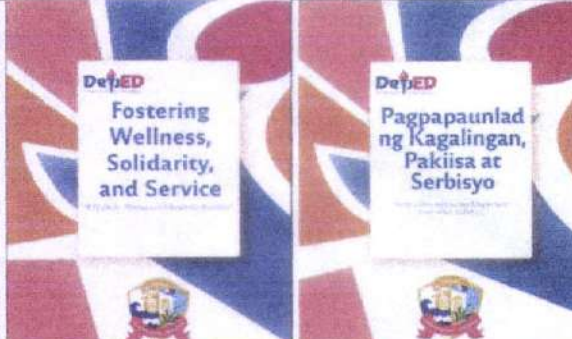
Activity	Date and Time	Participants	Remarks
Remote Psychosocial Support Through Play	September 29 – October 2, 2020 (PM) Can be conducted after the TV broadcast of MHPSS episode	Elementary Learners	The elementary teachers may further provide MHPSS to learners using the Teachers' Activity Guides for Remote Psychosocial Support through Play for Elementary Learners DRRMS Booklatan videos can also be used by teachers. It can be accessed in this link: deped.in/OnlineLearningVideos
Remote Psychological First Aid (PFA)	September 29 – October 2, 2020 (PM) Can be conducted before the TV broadcast of MHPSS episode	Secondary Learners	The secondary teachers may further provide MHPSS to learners using the Online and Self-Guided PFA Modules: Supplemental to the SEES Manual OKKK! Tambayan videos can also be used by teachers. It can be accessed in this link: deped.in/OnlineLearningVideos



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ENCLOSURE 2. TECHNICAL SPECIFICATIONS OF THE MHPSS MATERIALS* FOR PRINTING

COVER PAGE	TECHNICAL SPECIFICATIONS**
	<p>COVID-19 Comics No. 2</p> <ul style="list-style-type: none"> • Size: A4, booklet type • Paper type: Inside - paper 100 GSM • Cover: FC 15, matte laminated • Color: full color cover; inside black and white • No. of pages: 10
	<p>Learner's Playbook</p> <ul style="list-style-type: none"> • Size: Letter size (8.5x11) • Paper type: Inside - paper 100 GSM • Cover: FC 15, matte laminated • Color: Full color cover; inside black and white • No. of pages: 26
	<p>The 2020 Online and Self-Guided PFA Modules: Supplemental to the SEES Manual</p> <ul style="list-style-type: none"> • Size: Letter size (8.5x11) • Paper type: Inside - paper 100 GSM • Cover: FC 15, matte laminated • Color: Full color cover; inside black and white • No. of pages: 17 (pages 39-55) <p>To maximize the available resources, it is recommended to print only the self-guided modules starting from page 39 to page 55 which will be distributed to learners</p>
	<p>FWSS Booklet</p> <ul style="list-style-type: none"> • Size: Letter size (8.5 x 11) • Paper type: Inside - paper at least 60 GSM • Cover: paper at least 70 GSM • Color: full color cover; inside full color or black and white

*Copy of the MHPSS materials for printing can be accessed on this link:

<https://tinyurl.com/MHPSS-Materials-for-Printing>

** As necessary, technical specifications for the printing of MHPSS materials can be adjusted and modified by the field offices depending on their context, available funds, and strategies to print more copies and distributed to more learners

