




## DepEd – DIVISION OF QUEZON

Sitio Fon, Brgy. Talipan, Pagbilao, Quezon  
Cell # 09175824627 or at [www.depedquezon.com.ph](http://www.depedquezon.com.ph)  
"Creating Possibilities, Inspiring Innovations"



### UNNUMBERED MEMORANDUM

**TO:** Assistant Schools Division Superintendents, Division Chiefs, Public Schools District Supervisors, Elementary School Heads, District Property Custodians, School Health Personnel, and All Others Concerned

**FROM:**  **MERTHEL M. EVARDOME, CESO V**  
Schools Division Superintendent

**SUBJECT:** Distribution of Micronutrient Powder for School-Based Feeding Program (SBFP) Recipient Schools

**DATE :** October 30, 2019

Relative to School-Based Feeding Program, Micronutrient Powder from the Department of Health to supplement the required nutrients of our learners are now available. All elementary SBFP recipient schools through their respective District Property Custodians are advised to get the allocated Micronutrient Powder at the Supply Section.

Attached hereto are the **Department of Health (DOH) Advisory** on the Use of Micronutrient Powder based on DOH Department Memorandum No. 2019-0304 and the **Distribution list** for your references.

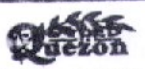
Immediate dissemination of this Memorandum is desired.

shsmtma/10/30/2019

DEPEDQUEZON-TM-SDS-04-010-001

Email address: [quezon@deped.gov.ph](mailto:quezon@deped.gov.ph)  
Comments: **Txt HELEN – 09178902327 (Smart/Sun/TalknTxt) 2327 (Globe and TM)**  
Cell No: **09175824629**

This form is a property of SCHOOLS DIVISION OFFICE - QUEZON PROVINCE. Therefore, unauthorized use is strictly prohibited unless otherwise permitted by the Schools Division Superintendent.

	
DEPED - QUEZON ICT UNIT	
UPLOADED	
Date/Time:	11-5-19
By:	Rommel
Ref. no.	309





Republic of the Philippines  
Department of Health  
**OFFICE OF THE SECRETARY**

August 8, 2019

**ADVISORY**

**FOR: DOH CENTERS FOR HEALTH DEVELOPMENT DIRECTORS, MINISTER OF HEALTH BANGSAMORO AUTONOMOUS REGION FOR MUSLIM MINDANAO (BARMM), DOH CHIEFS OF HOSPITALS, MEDICAL CENTER CHIEFS, AND OTHER CONCERNED UNITS AND OFFICES**

**SUBJECT: Use of Micronutrient Powder (MNP) based on DOH Department Memorandum No. 2019-0304**

**WHERE TO USE MNP:**

- a. Home-based food fortification of complementary food to prevent micronutrient deficiencies starting at six (6) months old, in addition to continued breastfeeding
- b. Meal fortification for feeding programs of Department of Social Welfare and Development (DSWD) in day care centers, national child development centers (NCDCs), reception and study centers for young children
- c. Meal fortification for school-based feeding programs of the Department of Education (DepEd), and local government units
- d. Meal fortification for feeding programs of infants and young children of Local Government Units, non-government organizations, civil society organizations, peoples' organizations and other development partners
- e. Meal fortification of hospital meals being served to inpatient infants and children in pediatric wards or special care units without contraindications, specifically for government hospitals of the DOH, other government hospitals outside of DOH, and the hospitals of local government units
- f. Meal fortification for institutional feeding in orphanages, mental institutions, drug treatment and rehabilitation centers, jails and reform centers
- g. Home-based fortification of meals for family members in communities located near or around mining sites
- h. Daily supplementation of meals for newly-diagnosed adolescent and adult tuberculosis patients



## WHOM TO GIVE:

1. Infants and Children
  - a. Starting at 6 months up to 23 months.
  - b. Young children age 24-59 months old may still benefit from once a day administration of MNP sachets.
  - c. Children attending ECCD day care centers may also receive one MNP sachet mixed with the served food
  - d. School children participating in the feeding program
  - e. Infants and children being seen at the outpatient departments (OPDs) of government infirmaries and hospitals, without contraindication and are not being rehabilitated for severe acute malnutrition (SAM), may be *prescribed* one sachet once a day mixed with meals, as instructed by their physicians and dispensed by their hospital pharmacies.
  - f. Infants and children admitted in government hospitals, without contraindication and are not being rehabilitated for severe acute malnutrition (SAM), may be given one sachet mixed with meals prepared and supervised by the dietary department staff, throughout the confinement period.
2. Adolescents and adult patients
  - a. For those with pulmonary tuberculosis, two (sachets) mixed with meals as instructed below.
  - a. For families in communities located near and around mining sites, it is recommended to consume at least two (sachets) mixed with meals as instructed below.

## HOW TO GIVE:

1. Wash hands prior to use of MNP.
2. Add one (1) sachet of the micronutrient powder to cooled solid or semi solid foods like rice porridge or rice dish with a serving size that can be finished by the child once a day for children below 10 years old.
3. Add 2 sachets of MNP to food prepared for children 10 years old and older
4. Add 2 sachets of MNP to food prepared for adolescents and adults.
5. Do not add MNP to liquid foods like juice, milk and hot liquid soup.

  
**MARIA ROSARIO S. VERGEIRE, MD, MPH, CESO IV**

Assistant Secretary of Health  
Public Health Services Team

## Ang Micronutrient Powder ay:

- Dagdag sustansyang inihahalo sa lutong pagkain ng mga batang may edad 6-23 buwan habang patuloy na pinapasuso ng gatas ng ina
- Tumutulong sa tamang paglaki at pag-iwas sa micronutrient deficiency
- Pinapalakas ang resistensya
- Pampagana
- Binubuo ng labinlimang (15) bitamina at mineral:

### Mga pangunahing bitamina na kailangan ng katawan:

1. Bitamina A pinapalakas ang resistensya at pampalinaw ng mata
2. Bitamina C pampalakas ng resistensya
3. Bitamina D pampalakas ng mga buto at ngipin
4. Bitamina E pampalakas ng resistensya

### Mga bitaminang tumutulong sa paggamit ng carbohydrates, taba at protina na bumubuo at nagpapalakas ng katawan:

5. Bitamina B1 Thiamin
6. Bitamina B2 Riboflavin
7. Bitamina B3 Niacin
8. Bitamina B6 Pyridoxine
9. Bitamina B9 Folic Acid mahalaga sa pagbuo ng red blood cells
10. Bitamina B12 Cobalamin pampagana

### Mga Mineral:

11. Iron nagdadala ng oxygen sa iba't-ibang bahagi ng katawan
12. Iodine nagpapatalas ng isipan at panlaban sa goiter
13. Copper tumutulong sa wastong paggamit ng iron sa katawan
14. Zinc panlaban sa impeksyon
15. Selenium pinapalakas ang resistensya

### TANDAAN:

INIREREKOMENDA NA ANG PAGGAMIT NG MICRONUTRIENT POWDER AY 2-3 PAKETE SA ISANG LINGGO LAMANG. ITO AY HINDI GAMOT SA ANUMAN URI NG SAKIT



## Paraan ng Paggamit:



1. Maghugas ng kamay bago magpakain ng bata.



2. Kumuha ng tamang dami ng pagkain para sa isang kainan ng bata.



3. Siguraduhing hindi na gaanong mainit ang pagkain bago ibudbud ang lahat ng laman ng pakete sa pagkain. Maaaring maiba ang lasa ng pagkain kapag masyadong mainit ito at hindi magustuhan ng bata.



4. Haluin nang mabuti ang pagkain.



5. Ipakain ito at tiyaking kumportable ang bata habang kumakain.





**DepEd – DIVISION OF QUEZON**  
Silo Fort, Brgy. Talipan, Pagbilao, Quezon  
Cell # 09175824627 or at [www.depedquezon.com.ph](http://www.depedquezon.com.ph)  
"Creating Possibilities, Inspiring Innovations"



Copy of Master Form

## DISTRIBUTION LIST

W-20-15

Item Description: **MICRONUTRIENT POWDER ( MNP )**  
Total no. of Recipients: 28,800

SCHOOL/ DISTRICT	Item Description (Add columns to the right for multiple items)		Received by: (Signature over printed name)	Date Received:
	Number of Big Box (144/box)	Small Boxes		
Congressional District 1				
Burdeos	4	123		
Gen. Nakar 1	5	40		
Gen. Nakar 2	4	42		
Infanta	5	138		
Pagbilao 1	3	90		

DEPEDQUEZON-SDO-SUP-04-012-000

Email address: [quezon@deped.gov.ph](mailto:quezon@deped.gov.ph)  
Comments: **TXI HELEN – 09178902327 (Smart/Sun/TalknTx)** 2327 (Globe and TM)  
Cell No. 09175824629





# DepEd – DIVISION OF QUEZON

Silo Fort, Bigy, Talipao, Pagbilao, Quezon  
Cell # 09175824627 or at [www.depedquezon.com.ph](http://www.depedquezon.com.ph)  
"Creating Possibilities, Inspiring Innovations"



Pagbilao 2	1	51		
Panukulan	1	125		
Patnanungan	2	38		
Jomalig		107		
Polillo	4	46		
Real	4	27		
2 <sup>nd</sup> Congressional District				
Candelaria East	9	6		
Candelaria West	3	82		
Dolores	1	72		
San Antonio	2			
Sariaya East	5	100		

DEPEDQUEZON-SDO-SUP-04-012-000

Email address: [quezon@deped.gov.ph](mailto:quezon@deped.gov.ph)  
Comments: **TXI HELEN – 09178902327 (Smart/Sun/TalknTx)** 2327 (Globe and TM)  
Cell No: 09175824629







# DepEd – DIVISION OF QUEZON

Sitio Fori, Brgy. Talipan, Pagbilao, Quezon  
Cell # 09175824627 or at [www.depedquezon.com.ph](http://www.depedquezon.com.ph)  
"Creating Possibilities, Inspiring Innovations"



Sariaya West	5	88		
Tiaong 1	3	16		
Tiaong 2	4	56		
3 <sup>rd</sup> Congressional District				
Buenavista 1	3	24		
Buenavista 2	1	62		
Catanauan 1	5	118		
Catanauan 2	1	62		
Gen. Luna	4	13		
Macalelon	5	17		
Mulanay 1	2	109		
Mulanay 2	3	22		

DEPEDQUEZON-SDO-SUP-04-012-000

Email address: [quezon@deped.gov.ph](mailto:quezon@deped.gov.ph)  
Comments: **Txt HELEN – 09178902327 (Smart/Sun/TalknTxt) 2327 (Globe and TM)**  
Cell No: 09175824629





## DepEd – DIVISION OF QUEZON

Sito Fori, Brgy. Talipan, Pagbilao, Quezon  
Cell # 09175824627 or at [www.depedquezon.com.ph](http://www.depedquezon.com.ph)  
"Creating Possibilities, Inspiring Innovations"



Atimonan 2		140		
Calauag East	5	24		
Calauag West	2	70		
Guinayangan North	1	88		
Guinayangan South	3	2		
Gumaca East	4	103		
Gumaca West	5	24		
Lopez East	6	101		
Lopez West	10	97		
Perez	1	64		
Plaridel		82		
Quezon	2	88		

DEPEDQUEZON-SDO-SUP-04-012-000

Email address: [quezon@deped.gov.ph](mailto:quezon@deped.gov.ph)  
Comments: **Txt HELEN – 09178902327 (SmartSun/TalkTx)** 2327 (Globe and TM)  
Cell No: 09175824629

This form is a property of SCHOOLS DIVISION OFFICE - QUEZON PROVINCE. Therefore, unauthorized use is strictly prohibited unless otherwise permitted by the Schools Division Superintendent.







## DepEd – DIVISION OF QUEZON

Silo Fort, Brgy. Talipan, Pagbilao, Quezon  
Cell # 09175824627 or at [www.depedquezon.com.ph](http://www.depedquezon.com.ph)  
"Creating Possibilities, Inspiring Innovations"



Padre Burgos	2	38	
Agdangan	1	105	
Pitogo	3	136	
San Andres	5	59	
San Francisco 1	7	95	
San Francisco 2	6	130	
San Narciso 1	6	46	
San Narciso 2	4	44	
Unisan	3	16	
4 <sup>th</sup> Congressional District			
Alabat	1	17	
Atimonan 1	1	22	

DEPEDQUEZON-SDO-SUP-04-012-000

Email address: [quezon@deped.gov.ph](mailto:quezon@deped.gov.ph)  
Comments: Txt HELEN – 09178902327 (Smart/Sun/TalknTx) 2327 (Globe and TM)  
Cell No: 09175824629





**DepEd – DIVISION OF QUEZON**  
Sitio Fori, Brgy. Talipan, Pagbilao, Quezon  
Cell # 09175824627 or at [www.depedquezon.com.ph](http://www.depedquezon.com.ph)  
"Creating Possibilities, Inspiring Innovations"



Tagkawayan 1	3	133	
Tagkawayan 2	2	110	

PREPARED BY:

  
**MA. TERESITA M. ABELLA**  
Section Head-in-Charge

DEPEDQUEZON-SDO-SUP-04-012-000

Email address: [quezon@deped.gov.ph](mailto:quezon@deped.gov.ph)  
Comments: **Txt HELEN – 09178902327 (SmartSun/TalknTx)** 2327 (Globe and TM)  
Cell No: 09175824629

